

Health does not only signify the physical well being but includes social, emotional, spiritual and cultural well being of yourself, your family and the whole community in which we reside. This is what we perceive and acknowledge as Indigenous people.

As an Aboriginal and Torres Strait Islander Community Health Service we strive to promote, provide and accomplish healthy services to our community. Contact ATSICHS Mackay 31-33 Victoria Street Mackay QLD 4740 Ph: 07 4957 9400

#### **Opening Hours**

Monday: 8:30am - 4:30pm Tuesday: 8:30am - 4:30pm Wednesday: 8:30am - 4:30pm Thursday: 8:30am - 4:30pm Friday: 8:30am - 4:30pm Saturday: CLOSED Sunday: CLOSED

#### AFTER HOURS

Refer to the Emergency Department at Mackay Base Hospital 475 Bridge Rd, Mackay

Ph: 07 4885 6000 In case of an emergency please call 000



Aboriginal & Torres Strait Islander Community Health Service Mackay Ltd

# Elder Care Support

# www.atsichs.org.au

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# INTRODUCTION

The Aboriginal and Torres Strait Islander Community Health Service Mackay Ltd (ATSICHS) commenced in 1978 from a community initiative.

The vision was for the improvement of Aboriginal and Torres Strait Islander people in the Mackay region.

ATSICHS Mackay Ltd region includes the shires of Mackay, Isaac, Pioneer, Proserpine, Belyando, Mirani, Nebo, Broadsound, Sarina and Bowen.

The Aboriginal and Torres Strait Islander Community Health Service Mackay Ltd is community controlled and receives funding from Department of Health and Ageing - Office of Aboriginal and Torres Strait Islander Health. The services we offer aims to address the health issues in our community with a large focus on prevention, education and effective management in a culturally appropriate way.

## Elder Care Support Program

The program aims to help those eligible for My Aged Care services navigate, register and understand the services that they are entitled too.

#### What is it?

The My Aged Care service is a government funded program for elders who need additional help in day to day living. Connecting them with service providers specific to their needs.

## Eligibility

To be eligible for the program you must meet the required age of:

- Indigenous, 50 and over
- non-indigenous, 65 and over

#### Notes:

- To access the services requested an assessment must be completed by an Aged Care Assessor. They will have final decision in whether you are eligible for the specific services you have requested.
- Even if you do not currently need assistance you can still register.
- For More information visit the My Aged Care website.
- www.myagedcare.gov.au/

# What could I get?

The My Aged Care program has a diverse selection of services that, if eligible, you could be receiving.

#### This can include the following

- Cleaning
- Yard and home Maintenance
- Walkers, Wheelchairs and/or a walking stick
- The installation of handrails
- Transport
- Meal preparation
- Personal Care
- Social Engagement
- Shopping assistance

# You're not alone!

If you or a family member need assistance with understanding the My Aged care registration process our experienced team of Elder Care Coordinators are here to help. Contact us to book an appointment today, and we can help you navigate the registration progress from start to finish while ensuring you get the services you need.

## Contact us

Elder Care Coordinators Meryl Yasserie: 0484 384 644 Betty Binsiar: 0487 155 194